COAST & COUNTRY

Primary Care Network

serving Holsworthy, Bude and surrounding villages

PCN Contacts

Dr Richard Tingay Clinical Director Ruby Country Medical Group

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Member Practices

Bradworthy Surgery The Square, Bradworthy 01409 241215

Hatherleigh Medical Centre Bridge Street, Hatherleigh 01409 253692

Holsworthy Medical Centre

Dobles Lane, Holsworthy 01409 253692

Neetside Surgery

Leven Road, Bude 01288 270580

Stratton Medical Centre

Hospital Road, Stratton 01288 352133

https://coastandcountrypcn.gpweb.org.uk/our-primary-care-network

What is a Primary Care Network (PCN)?

PCNs were started in 2019 because:

- the population is growing
- people are living longer
- people have more complex health needs and require personalised healthcare
- GP services are now extra busy

Practices can now work together to look after the local populations, forming a network of:

- healthcare services
- community and voluntary services
- mental health services
- social care services

PCNs bring together patient communities of between **35,000** to **50,000** patients. Our PCN is called **Coast & County**. Covering five practices in Devon and Cornwall, it was formed in July 2019 with 4 staff. It now has well over 30 and is growing quickly.

> Join the Coast & Country Community on Facebook

How does a PCN benefit patients?

Coast & Country PCN aims to provide care in different ways to match people's need in:

- mental health
- physical health



social health

Patients now have access to new services, delivered by people with expert knowledge and skills, in a way that's personal to them, considering **health** AND **wellbeing**. These include:

- Social Prescribers
- Health and Wellbeing Coaches
- Diabetes Care Coordinator
- Clinical Pharmacists
- Mental Health Practitioners
- Paramedics & Visiting Teams

... all available at each practice.

We'll also be able to offer **appointments** with doctors & nurses outside normal working hours—in the **evening** and at **weekends**.

Working in this joined-up way gives everyone more choice, with services and support shaped to fit everyone individually, in and beyond the confines of the practice buildings.



Healthcare where YOU are!

